



29 Pleasant Grove Road
Port Murray, NJ 07865
Ph: (908) 832-7264 Fax: (908) 832-6593
www.CrossRoadsRetreat.com

Cross Roads Camp and Retreat Center is a welcoming and inclusive community providing life changing and sacred adventures for renewal, growth, and joy.

Welcome to Cross Roads!

We are thrilled that your family has chosen Cross Roads as a summer experience for your child. We want to make this summer a fantastic experience for everyone ... parents, campers, and counselors alike. We understand that it is an act of faith that you entrust your child to Cross Road's care during their time at camp. We aim to fulfill that trust with a little pre-planning, a lot of attention to detail, and open communication.

The first step is to help make the registration process as streamlined as possible. Our registration system is aimed at going green and getting much of the needed paperwork completed online. The final step will be making sure that your child's physician signs the Health History form provided thru the registration process. This information packet should give you all the details you need to know about camp!

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Once your registration paperwork is complete the next step is to get ready for an amazing week at Camp. All of us at Cross Roads are very excited that you'll be joining us for this life-changing week of camp, full of fun, friendship and God's Love. To help make this week special, we ask you to bring a spirit of openness to all that we offer here at camp. Come willing to share, learn, play, and experience an intentional Christian community.

CHECK IN: Registration for your camp week is from **3:00 – 5:00pm** on the **Sunday** of your week.

CHECK OUT: On the following **Saturday**, families are invited to join us for a closing worship service at **9:30am with the departure time for all campers at 10:30am**. Please arrive at 9 am to get parked and settled before the service begins.

(Dates and times vary for programs that are longer than one week. See information on that specific camp program.**

If you have any other questions, please call or e-mail us at the above-mentioned number and e-mail address. Until then, we are looking forward to seeing you this summer!

CROSS ROADS SUMMER CAMP POLICIES & INFORMATION

Cross Roads Camp and Retreat Center is a welcoming and inclusive community providing life changing and sacred adventures for renewal, growth, and joy.

We are glad that you will be part of the fun at Cross Roads this summer! The following information should help you prepare for camp. Please take some time to review the information with your child. If you have any questions, please call Cross Roads at (908) 832-7264.

A PLACE AND PROGRAM FOR GROWTH

Cross Roads is an intentional Christian community and camping/retreat facility that is a joint venture of the New Jersey Synod of the E.L.C.A. and the Episcopal Diocese of Newark. The summer camp program at Cross Roads is designed to help campers grow physically, emotionally, and spiritually as they develop new skills, interests, and friendships.

CAMPER BEHAVIOR

We are committed to creating a physically and emotionally safe place for all. To provide this, clear expectations for campers' behavior are discussed with the campers upon arrival at camp. These include respect for others with no negative talk of others allowed. Should a camper exhibit behavior that is inappropriate, the staff have been trained to redirect the camper in a way that emphasizes a more positive and appropriate behavior. Corporal punishment is never used.

If necessary, the Director may discuss a behavior situation with a camper. At times, it is also helpful for us to contact the parents to provide insight into the behavior and possible solutions. While it is our preferred practice that campers remain at camp, in rare cases a parent may be asked to remove a camper from the camp environment at the parent's expense. In this event, no camp refunds will be made.

NOTE: The following situations will result in a camper being sent home immediately: possession and/or use of alcohol or drugs, possession and/or use of cigarettes, possession of weapons, physical harm to themselves or another person, running away from camp, theft, or other behavior determined to be unacceptable.

Communicating with your son/daughter

Please send letters!

Supporting your son/daughter at camp is very important. Encourage other relatives and friends to do the same. Send letters to:

Cross Roads Camp and Retreat Center
29 Pleasant Grove Rd
Port Murray, NJ 07865

MAIL is very important to campers! A letter received within the first two days of camp would be greatly appreciated by your child. This means writing and mailing a letter before your child arrives at camp (or leaving a letter for them with us at Sunday registration). To send a note to your child, simply address the letter to the camper at the camp's address.

PLEASE NOTE Due to food allergies and storing food, we will no longer be allowing food in packages. If you do send food in a package, we will hold onto it until the week is over.

EMAIL

Another way for you to contact your camper is by sending email through Bunk1.com. Head to the "Summer" section of our web page and you will find a link to get started. We distribute email every day, so if the mail system is too slow for you, this is a perfect option. A new option through Bunk 1 is direct responding, when you send your camper a Bunk note you can state that you would like them to reply. When they get the Bunk note they will also get a blank sheet that they fill out and you will get their handwritten reply in your email.

TRANSPORTATION

Transportation to and from camp is the responsibility of the camper's parents. If you are caught in traffic and will be late, please call and leave a message.

CALLING

To allow campers to immerse themselves fully in camp life, campers are not permitted to make or receive phone calls from camp - thus, **cell phones are prohibited**. If you need to contact your child in an emergency during the camp week, you may call, or email the camp office directly. If there is an urgent situation involving a camper, the camp administration will contact you directly.

VISITING

For similar reasons, we discourage visits during the camp session. However, in unusual circumstances, arrangements can be made by contacting the Director at least 24 hours in advance. You must check in with the camp office before going elsewhere on camp grounds.

HEALTH AND SAFETY

The enclosed **health form** must be completed and brought with you to Sunday's registration. No camper will be admitted to camp without this form. Our camp Health Supervisor will review all forms and see each camper on arrival day. All campers must have a health examination within 12 months of attending camp. **All pages of the health form must be completed and signed by a physician.** Parents are notified immediately if a health problem arises while their child is at camp.

MEDICATIONS

ALL MEDICATIONS, including over-the-counter medications, such as Tylenol, first aid supplies, and poison ivy lotion must be given to the Health Supervisor upon arrival at camp. All medications must be in their original containers, bearing the pharmacy label, which shows the prescription number, date filled, physician's name, name of medication, directions for use, and patient's name. All medications will be administered under the supervision of the Health Supervisor. Information about medications must be on the health form.

FOOD AT CAMP

If your child has any dietary restrictions, please note them on the health form. While we prepare nutritious and delicious food, camp food never seems exactly like food at home. We ask you to encourage your child to try new food.

HOMESICKNESS

Coming to camp may cause a brief case of homesickness. We regard homesickness as a normal, healthy occurrence in a child. The staff is trained to be aware of each camper's mood and emotional adjustment. If a child is homesick, they talk with the child and try to help the child understand his/her feelings. Efforts are made to involve the camper in the camp activities so he/she will be busy, have fun, and feel secure with counselors, new friends, and the outdoors.

Avoid telling your child to call home anytime. This often puts added pressure on the child that they should be calling home. If through conversation with the parent and the Director it is decided that the best plan for the child is to call home, we will arrange the time for the call.

Because of this, you may receive a "homesick letter." While campers are experiencing homesickness, they usually write home about their feelings. What to do? **DO NOT PANIC** or feel guilty about having sent your child to camp. If you have not heard from camp, your child has probably already adjusted. We encourage you to write a supportive letter. If homesickness continues, the Director will call the parents of any children who are having problems adjusting.

LOST AND FOUND

Please mark **ALL** of your child's belonging. If you discover something they have left behind, please contact the camp as soon as possible. When you pick up your child from camp please see our Lost and Found area to claim any belongings. All lost and found will be kept at camp up to a week after the session ends.

CAMP STORE

Camp Store is open every day for campers to purchase snacks, drinks and merchandise. Additionally, it will be open on Saturday morning, during camper check out. When you register on Sunday, we will collect your camper's money (we recommend \$20-\$30 for the week) and will charge their purchases against their camp store credit.

A TYPICAL CAMP SCHEDULE

Monday-Friday

7:00: Campers wake up

Polar bear swim option (*Campers have the opportunity to wake up early and jump in the pool*)

8:00: Breakfast

9:00: Rise and Shine (*Campers will play a game and get introduced to the daily theme*)

9:30: Discovery time (*Daily bible study with their cabin mates*)

10:30: Week-long Activity

On Sunday evening campers, can sign up for different week-long activities, something that they will do every day at the same time. Examples of the week-long activities offered are nature course, arts and crafts, field sports, high ropes, and performing arts.

12:00: Lunch

12:45: Announce daily Clean Sweep Awards (*Camper cabins are graded in regards to cleanliness and neatness. If cabins earn the clean sweep award, they get to keep the award until the following day*)

1:00: Rest Hour

2:00: Activity Period 2 (*Campers sign-up for their afternoon activity at breakfast each morning*)

3:00: Camp store

4:00: Cabin Time (*Cabins have intentional time to grow together, they will go through low ropes together and other cabin bonding activities together all week*)

5:00: Oakwood hang out

(*Intentional down time before dinner, all of camp is together*)

5:30: Dinner

6:30: Worship

7:30: Evening Program

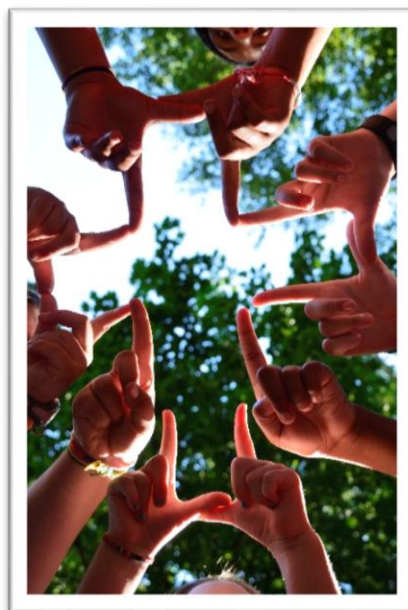
8:45: Cabin Time

Devotions

Get Ready for Bed

10:00: Lights Out

See you at camp!





KEEP UP WITH CAMP ALL SUMMER LONG!

Be the first to know what's happening this summer with the **Cross Roads Outdoor Ministries** private photo gallery, then send and receive messages using Bunk Notes & Bunk Replies. No need to wait for snail mail; Bunk1 makes it easy to communicate with your child and receive handwritten responses direct to your Bunk1 account. Follow Bunk1 on [Facebook](#) and [Twitter](#) for the latest updates and deals!

GET STARTED TODAY!

- Go to www.Bunk1.com
 - **RETURNING PARENTS** will login using their email address and password.
 - **NEW PARENTS** will click "[Need an account or have an invitation code?](#)" and complete the basic form. The Invitation Code for **Cross Roads Outdoor Ministries** is: **16CRO8922**
- You will be prompted to select a bundle for access to your Parent Portal. Bundles include credits for you to send Bunk Notes and enhance your notes with borders, photos, sports scores, and puzzles.

SENDING BUNK NOTES

Send **Bunk Notes** day or night! Your camp receives a pdf at **12 pm EST** each day containing all Bunk Notes received in the last 24 hours.

On the go? Purchase **Bunk Notes Express**, and receive a unique email address for your camper. Simply send your camper an email and have it delivered as a Bunk Note.



RECEIVING BUNK REPLIES

Receive a handwritten note from your camper into your Bunk1 account.

1. Register for Bunk1 prior to camp, purchase Bunk Reply stationary and print out enough copies to last the summer. Or use credits and add the stationary when you send a Bunk Note.
2. Make sure your camper knows to write on the barcoded stationary.
3. Camp staff collect in Bunk Replies.
4. Camp staff fax all Bunk Replies back to Bunk1.
5. Bunk1 scans the barcode & sends the Reply to your account.

SECURE SUMMER PHOTO GALLERY

Save Favorite Photos for easy access to pictures of your camper all year-round.

Share Photos to social media or email a photo to family.

Customize Unique Photo Gifts such as photo books, mugs, calendars, phone cases and more.

Order high resolution digital downloads or prints.



The Bunk1 team is available to support you 7 days a week during peak season. They guarantee a response within 24 hours and it's usually much quicker than that. Please call Bunk1 at **1-888-465-2267** or email support@bunk1.com. For FAQ's related to the services above, visit www.bunk1family.com/faqs

CROSS ROADS SUMMER CAMP – PACKING LIST

A great week lies ahead! To be fully prepared, please use the following list to help in packing for camp. Be sure to label all clothing with your child's name, especially towels, sweatshirts, sweaters, and jackets. Please do not pack anything that you value – clothes will get dirty and muddy. Remember that the weather can change over a week's time, so be sure to pack clothes for cool evening weather even if it has been very warm out.

<i>Item</i>	<i>Need</i>	<i>Have</i>	<i>Packed</i>
Pillow	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleeping bag (or sheets & blanket)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Toothbrush & toothpaste	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Soap	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shampoo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Any other personal bathroom items	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Towels (bath & pool)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pajamas	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Underwear	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Socks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shorts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Long pants	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shirts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
White t-shirt (for possible tie-dying)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 sweaters and/or sweatshirt (long sleeve)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Jacket	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Raingear (poncho or rain jacket)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sturdy close-toed shoes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Old Sneakers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hat or bandana	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Swimsuit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Laundry bag for dirty clothes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Water bottle (VERY IMPORTANT)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bible	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Books	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pen / paper / stationary / stamps	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Flashlight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sunscreen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Insect Repellent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Money for Camp Store (<i>we recommend \$20 - \$30</i>)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<i>Item</i>	<i>Did NOT Pack</i>
Cell Phone	<input type="checkbox"/>
Electronic equipment	<input type="checkbox"/>
Food	<input type="checkbox"/>
Illegal substances	<input type="checkbox"/>
Pets	<input type="checkbox"/>
Knives	<input type="checkbox"/>
Hair Dryers/Curling Irons	<input type="checkbox"/>

DIRECTIONS TO CROSS ROADS

Cross Roads is located in Lebanon Township, 2 miles northwest of Califon, in the Northwestern tip of Hunterdon County. (Because of rural postal delivery, the mailing address is Port Murray.) *Be aware – there are two different Pleasant Grove Roads in the area!*

From the South:

1. Take NJ Route 31 North (Intersects I-95 & I-295 on the north side of Trenton). Follow Route 31 North through Flemington and continue toward Clinton.
2. 2 miles after crossing over I-78 at Clinton, TURN RIGHT onto Route 513 North
3. Follow Route 513 North through High Bridge (four well marked turns) and continue on Route 513 North into Califon.
4. In Califon, after the A & P store on left, TURN LEFT onto Sliker Rd.
5. Go 1.5 miles and TURN RIGHT onto Pleasant Grove Rd.
6. In less than a mile, Cross Roads will be on your left.

From the Southwest (Allentown, PA region or Phillipsburg)

1. Take I-78 East into New Jersey at Phillipsburg.
2. Continue on I-78 and exit onto Route 31 North (Exit #16) - toward Washington, NJ
3. Use directions above beginning at #2 “From the South”.

Alternate from Phillipsburg (Washington)

1. Take Route 57 East towards Hackettstown
2. About 4 miles after Washington, take a right onto Penwell Road (there will be a sign for Penwell). Follow this road for 3 miles.
3. Make a right onto Califon Road and follow for about 2 miles. This turns into Pleasant Grove Road. Cross Roads is on the right.

From the Southeast (Jersey Shore Area):

4. Take Garden State Parkway North.
5. Exit at I-287 North (also West) immediately after crossing over the Raritan River Bridge.
6. Follow I-287 to I-78 West (toward Easton, PA).
7. Exit I-78 at Route 31 North (Exit # 17) toward Washington, NJ.
8. Follow directions beginning at #2 “From the South.”

From the Northeast:

1. Take I-80 West from the New York City metro area.
2. Take Exit #27 and follow Route 206 South into Chester (about 8 miles).
3. In Chester, take a right onto 513 West and follow for about 10 miles into Califon.
4. In Califon, right before the A & P store, TURN RIGHT onto Sliker Rd.
5. Go 1.5 miles and TURN RIGHT onto Pleasant Grove Rd.
6. In less than a mile, Cross Roads will be on your left.

From the Northwest (Pocono Region and Western Pennsylvania)

1. Take I-80 East and enter New Jersey at the Delaware Water Gap.
2. 4.5 miles into New Jersey, exit I-80 onto 46 East.
3. Follow 46 for about 10 miles into Buttzville and then TURN RIGHT onto Route 31 South.
4. Follow 31 for 6 miles into Washington and then TURN LEFT onto Route 57.
5. In about 4 miles, take a right onto Penwell Road (there will be a sign for Penwell). Follow this road for 3 miles.
6. Make a right onto Califon Road and follow for about 2 miles. This turns into Pleasant Grove Road. Cross Roads is on the right